

om hariḥ om śrīgurubhyo namaḥ hariḥ om
om śrī paramātmāne namaḥ
atha pañcamo' dhyāyaḥ | karma sannyāsayogaḥ
arjuna uvāca |

Arjuna said:

sannyāsaṁ karmanām kṛṣṇa punaryogaṁ ca śaṁsasi |
yacchreya etayorekaṁ tanme brūhi suniścitam || 5-1 ||
śrībhagavānuvāca |

sannyāsaḥ karmayogaśca niḥśreyasakarāvubhau |
tayostu karmasannyāsāt karmayogo viśiṣyate || 5-2 ||
jñeyah sa nityasannyāsī yo na dveṣṭi na kāṅkṣati |
nirdvandvo hi mahābāho sukhaṁ bandhātpramucyate
|| 5-3 ||

sāṅkhyayogau pṛthagbālāḥ pravadanti na paṇḍitāḥ |
ekamapyāsthitaḥ saṁyak ubhayorvindate phalam || 5-4
||

yatsāṅkhyaiḥ prāpyate sthānaṁ tadyogairapi gamyate |
ekaṁ sāṅkhyam ca yogaṁ ca yaḥ paśyati sa paśyati || 5-
5 ||

sannyāsastu mahābāho duḥkhamāptum ayogataḥ |
yogayukto munirbrahma nacireṇādhiḡacchati || 5-6 ||
yogayukto viśuddhātmā vijitātmā jitendriyaḥ |
sarvabhūtātmabhūtātmā kurvannapi na lipyate || 5-7 ||
naiva kiṁcitkaromīti yukto manyeta tattvavit |
paśyan śrṛṇvan spṛṣan jighran aśnan gacchan svapan
śvasan || 5-8 ||

pralapan viśṛjan grhṇan unmiṣannimiṣannapi |
indriyāṅindriyārtheṣu vartanta iti dhārayan || 5-9 ||
brahmaṇyādhāya karmāṇi saṅgaṁ tyaktvā karoti yaḥ |
lipyate na sa pāpena padmapatramivāmbhasā || 5-10 ||
kāyena manasā buddhyā kevalairindriyairapi |
yoginaḥ karma kurvanti saṅgaṁ tyaktvātmaśuddhaye ||
5-11 ||

yuktaḥ karmaphalaṁ tyaktvā śāntimāpnoti naiṣṭhikīm |
ayuktaḥ kāmakāreṇa phale saktō nibadhyate || 5-12 ||
sarvakarmāṇi manasā sannyasyāste sukhaṁ vaśī |
navadvāre pure dehī naiva kurvanna kārayan || 5-13 ||
na kartṛtvaṁ na karmāṇi lokasya sṛjati prabhūḥ |
na karmaphalasaṁyogaṁ svabhāvastu pravartate || 5-14
||

nādatte kasyacitpāpaṁ na caiva sukṛtaṁ vibhūḥ |
ajñānenāvṛtaṁ jñānaṁ tena muhyanti jantavaḥ || 5-15 ||
jñānena tu tadajñānaṁ yeṣāṁ nāśitamātmanaḥ |
teṣāmādityavajjñānaṁ prakāśayati tatparam || 5-16 ||
tadbuddhayastadātmānaḥ tanniṣṭhāstatparāyaṇāḥ |
gacchantyapunarāvṛttim jñānanirdhūtakalmaṣāḥ || 5-17
||

vidyāvinayasampanne brāhmaṇe gavi hastini |
śuni caiva śvapāke ca paṇḍitāḥ samadarśinaḥ || 5-18
||

ihaiva tairjitaḥ sargaḥ yeṣāṁ sāmye sthitaṁ manaḥ |
nirdoṣaṁ hi samaṁ brahma tasmādbrahmaṇi te
sthitāḥ || 5-19 ||

na prahr̥ṣyetpriyaṁ prāpya nodvijetprāpya
cāpriyam |
sthirabuddhirasammūḡhaḥ brahmavidbrahmaṇi
sthitāḥ || 5-20 ||

bāhyasparśeṣvasaktātmā vindatyātmani yatsukham
|
sa brahmayogayuktātmā sukhamakṣayamaśnute ||
5-21 ||

ye hi saṁsparśajā bhogāḥ duḥkhayonaya eva te |
ādyantavantaḥ kaunteya na teṣu ramate budhaḥ || 5-
22 ||

śaknotihaiva yaḥ soḡhuṁ prākśarīravimokṣaṇāt |
kāmakrodhodbhavaṁ vegaṁ sa yuktaḥ sa sukhi
naraḥ || 5-23 ||

yo'ntaḥ sukho'ntarārāmaḥ tathāntarjyotireva yaḥ |
sa yogī brahmanirvāṇaṁ brahmabhūto'dhiḡacchati ||
5-24 ||

labhante brahmanirvāṇaṁ ṛṣayaḥ kṣiṇakalmaṣāḥ |
chinnadvaidhā yatātmānaḥ sarvabhūtahite ratāḥ ||
5-25 ||

kāmakrodhaviyuktānām yatinām yatacetasām |
abhūto brahmanirvāṇaṁ vartate viditātmanām || 5-
26 ||

sparsāṅkṛtvā bahirbāhyān cakṣuṣcaivāntare bhruvoḥ
|
prāṇāpānau samau kṛtvā nāsābhyan taracārīṇau || 5-
27 ||

yatendriya manorbuddhir munirmokṣaparāyaṇaḥ |
vigatecchābhayakrodhaḥ yaḥ sadā mukta eva saḥ ||
5-28 ||

bhoktāraṁ yajñatapasāṁ sarvalokamaheśvaram |
suhṛdaṁ sarvabhūtānām jñātvā māṁ śāntimṛcchati
|| 5-29 ||

om tatsaditi śrīmad bhagavadgītāsūpaniṣatsu
brahmavidyāyām yogaśāstre śrīkṛṣṇārjunasaṁvāde
karma sannyāsayogo nāma pañcamo'dhyayaḥ
om śāntiḥ śāntiḥ śāntiḥ

om hariḥ om śrīgurubhyo namaḥ hariḥ om