

LOGIC OF SPIRITUALITY

This wonderful and glorious world of plurality had been at all times a mystery, a temptation, a conundrum. From the caveman to the modern scientist sitting amongst electronic equipment in the modern laboratories – ‘Where did it all come from?’, ‘What is the source of this universe?’, ‘What is happening all around?’ – this kind of a question has been from time immemorial. Friends, from Adam and Eve onwards till today, we are still investigating. Sometimes our enquiry went into mysticism and religion, sometimes to superstition and sometimes to facts. But nowhere there is total satisfaction. Man wants to understand the world. This problem is not among the animals. Therefore philosophy and religion has never troubled the animal kingdom. It is only when you become the intelligent human being – then he starts this investigation – this enquiry – this curiosity to understand their world outside and a hundred questions arise in the bosom of every individual whether you are religious or not, whether you are scientific or not. If you are a human being, these questions cannot be avoided.

This questioning ability in the human intellect that has brought about the entire - from the caveman to the modern man, all the progress that we have made are all that contribution of this human intellect investigative anxiety, to know - understand the world outside. All the objective scientists of the modern times are glorious people. But limited their approach to this problem. None of them are able to really find out - what is fundamental – it is not their fault. They were trying to understand it with their intellect, because that is the only toy that has been provided by the nature to the human beings. And we were fascinated by that toy and just as a child - when he gets a teddy bear first - he can't even sleep without a teddy bear. For few days nothing but the teddy bear day and night. So too we were so fascinated by the achievements and abilities and capacities of the human intellect, that we reveled all through the times till today. Intellectual investigation - observing the factors - codifying the observations, systematizing those observations and this is called ‘the science’ - systematized knowledge. Milleniums have passed - playing with the intellect. Now and then we find a spark of a unique mode of knowing through intuition whom we call as saints, sages and prophets. But they are all rejected, because man finds that the science is more useful than philosophy. Thus jogged, on we came to this point. In fact pictorially if you think about it, I conceive that an old man and an old lady were coming, hand in hand, married for millions of years, state and religion. They were coming along and somewhere in the late 18th or early 19th century, a buxom young girl jumping and tripping from the side of the mountain ran into the road, and the old man state got fascinated by her vigour and she stopped wondering and she holds him by the hand together they started going about. Remember the man is old and the young girl is full of energy and vitality, skipping and dancing, she is running folly. And the poor old man pantingly trying to maintain the hold upon her. Thus science and state started moving, unfortunately, that old lady religion philosophy got angry with the old man and she stopped at that point and never again followed them. Now that the states and governments of the world, the modern man is confused and confounded, exhausted and pitied. And science is trying to drag him forward. And he is regretfully looking backward. Where is that old lady who knew that all I want and who can only serve me

properly. I am exhausted, I am tired and looking back - you can't even see her because she has become a speck in the distance because she never followed. Religion stopped there where science started. He did not come to upgrade it to the modern demands of the modern man.

This is the situation in the world. Then the question came - Why Religion? , Why philosophy? The animals have not got it, but they are living comfortably, and dying and have lived their life cycle very peacefully, why man should have religion or philosophy?

I ask you friends - why man has got science, politics, economics and why art, religion? literature why why ?? Animals have not got a science then why do you have a science? Animals have no politics, no economics and yet they survive. Why are you doing? But when that question comes up we have to say that man is intelligent and therefore he developed all these sciences. Human intellect asks questions, animals don't ask questions. To the animal our world is only utility value. A grazing animal smells a thing and if it's an eatable it eats or else it leaves and goes away. Utility value is the only value that animals can understand. Human beings are not so, they start questioning. What is it? how is it ?, where is it ?, when is it ?, how did it come , where did it come from and hundred questions asked why the animals have not got this rational intellect to ask questions. Man has this intelligence and therefore he cannot stop from asking.

When the apple fell on the nose of Newton – Think! He picked it up and started wondering. Animals cannot do not know - wondering. There is no wonder in them. If anything falls on them they smell it, if its eatable they eat it or they just walk away. Its only utility value, Newton started looking at it and wondering. Let us suppose - dramatize some of his friends came and said 'Hi' and you are sleeping here outside. What is that in your hand is an apple and what are you looking at it, if its good polish it and eat it or if its bad throw it away. Newton says I can do that but I want to know. What do want to know about an apple? No. Why it came down? Its not my friend such a question an animal will not ask. Or animals like human beings also will not ask such questions. Because for them also majority of mankind, the whole world is only for utility where there is no use - he has no concern about it. A scientific mind, a well developed intellect, a rational intelligence wants to know.

The crowd that is around, the friends that are around Newton must have laughed at him. What are you talking? why do you want to know why it came down ? It has been coming down from time immemorial. Your great grandfather never asked the question, your grandfather never asked the question, and you father never asked that question. We decent people are not asking that question. Why is that you are asking? May be you have something wrong way. Newton accepts that I think something is wrong, but I want to know. Recently his biography has come up, and it appears 20-22 years he struggled before he discovered, that everything is attracted to the center of the earth the 'Gravitational force'.

In the same way all the various branches of the science developed. Inquisitiveness, a sense of wonderment. But in all of them scientist was fascinated by a limited aim.

The sun, moon and stars, astronomy and astrology development - another one fascinated by the plant kingdom -botany starts, another one was fascinated by the living beings zoology developed. Others wanted to know what is in the earth - geology developed. Others wanted to know what is in the ocean, oceanology developed. Thus various sciences developed. The art of governing the world - politics developed. How to develop the wealth to the nation and how to increase it and how to distribute it with equity - economics developed. Everywhere human intellect wanting to know want – wanting to investigate and understand and it is this urge in man that developed various sciences. When science is thus developing and when you try to understand the things intellectually when you really go into the depths of it - all the scientific researches all over the world till this day, the enquiry is - what is the cause of an effect observed. Cancer research is the painful disease and we have no defense and therefore they are doing the research everywhere around the world - whether you can afford it or not. The developed nations, under developed nations, developing nations all of them are trying to do this research. What is this research? Take away all that technological names; what is leftover, we are trying to find out - what is the cause for cancer? Causation hunting had been the only preoccupation of the human intellect.

Rational intellect investigates in to things searching for the cause of things. In the 19th century the great killer was Malaria. They did research. What do you mean Research!?! They tried to find what causes malaria? And once they have discovered the malarial germs in the blood stream and found that quinine is the antidote, today we claim we have conquered malaria. One-day cancer we will understand the cause for the cancer and once we know the cause and learn to destroy the cause, the effect is controlled.

When the great Rishis of the Vedic period found this cause effect relationship, in Sanskrit it is called ‘Karya – Karana Sambandh’. They found that this is universe - in the past people were using it, in the present we are using it, in future we will be enquiring in the same cause-effect relationship. This is true of all the people, all the world, in all languages every moment we are enquiring in to the cause of things. In understanding its effects, therefore they say its universal thing let us enquire into it.

When they try to understand thus the cause of this universe, what is that ultimate reality from which the world has emerged out, they miserably failed. The great Rishis, not only the public, but even great Rishis completely miserably failed, and even the scientists. Remember in science there is no failure. The failure of the earlier generations becomes the stepping-stone for the future generations to walk in to the truth. Thus in 20th century there is large amount of discoveries always based upon 18th and 19th century failures. Therefore they avoided those and thus discovered that ‘in science there is no failure’.

The great Rishis recorded in the ‘Rigveda’, they declared that-we tried our level best to understand the cause of this universe, we could not. “*Yathovajo varthante aprapaya manasa sah*”. I am quoting this not that you will understand it, but just make you understand that I am not bluffing. It is the way the declaration, this great truth appears to be - beyond my sense abilities to observe, mental abilities to conceive, it is something

beyond my faculties that are available to me in my present state of evolution. Modern science then would have then kept quiet, would have said that it is impossible to know. In modern science too its accepted tradition or methodology, when direct method is not available, indirect methods of investigations are undertaken.

Before we sent the rocket to the moon, we had no knowledge of what is the climatic condition there or no such definite information. There is no way to know it and without knowing that data we cant afford to put man on the moon. It is at that time we discovered - our science brought out the idea of the 'Sputnik'. We sent out the Sputnik, collected as much data as possible. Using that data we manufactured the dress and the other things for safety of the traveler and put the man on the moon. When the direct method is not available, indirect methods are acceptable in scientific investigation. The great masters of the Vedic period when they found that their faculties at this moment of their evolution are not capable of investigating into the cause of this entire cosmos, - they said, we will start an indirect investigation.

Why is it that every human intellect in every part of the world during all periods of history, were always asking – 'What is the cause of every effect?' So then, they started a deep and exhaustive study of cause – effect relationship. As a result of this investigation and study, they reduced their entire data into 3 laws of causation. 3 laws of causation! When I am now repeating these 3 laws of causation, you will have to remember. If you are preoccupied with something else, you better stop it go there and finish it and come back. Without remembering 3 causes or the 3 laws you wont be able to follow what I am told. I am warning! The 3 laws they deduced from their entire study, and number law, - '**An effect can never be without a cause**'. The waves cannot be without ocean. Ornaments cannot be made without gold. Pots can never be made without clay. An effect is not possible without the cause, - LAW NUMBER ONE.

LAW NUMBER TWO – '**Effects are plural**'- Nothing but the cause itself in different forms. The big wave, medium wave, the small wave, ripple, foam, bubble, and the lather are all different forms of the ocean - THE CAUSE. The jug, the cup, the saucer, the plates, the flower vase, are all different shapes and different names for what? - the clay in different forms. The bangles and the rings and the chains and the earrings are all different names, different shapes, and different uses. But all of them are gold in different forms. So the first law - an effect cannot be without a cause. Number 2 - Effects are cause it self in different forms.

AND NUMBER THREE – '**From the effect if the cause is removed, nothing remains**'. If a wave is transferred to the hill, there will be no waves. From clay pot, all the clay is removed, no pot. From the gold chain, all the gold is removed nothing there remains. Since the effect is nothing but the cause itself in different forms, from the effect if the cause is removed, nothing remains.

Three laws, I again repeat, "Effect cannot be without a cause", "Effects are cause itself in different forms", "From the effect when the cause itself is removed, nothing remains".

When they got these 3 laws, they had the scientists to apply it to the world. Here is the universe that you and I are seeing and experiencing. It cannot be without a cause, why? – the first law. Effect cannot be without a cause - must have a cause. That cause of universe religion calls as 'God', philosophy calls it as reality or truth. Without it, this 'Swami!'- 'What?' 'we have heard there is a God and God created the world. But what our doubt in the morning time is, 'Who is god'? 'Where is god'? 'What is god'? 'Is he man or a woman'? All sorts of worries and anxieties. 'And why did he create'? Where did he create? 'When did he create'? And thousand questions'. These students of the Vedic period asked these questions to the teacher. The teacher only cried out, Shanthi! Shanthi! Shanthi!! Peace be, Peace be, Peace be Why? Unless the mind is peaceful, you cannot rationally think. Excited mind has no capacity to logically think. They said - let us apply the 2nd law. Effects are nothing but cause itself in different forms. Therefore our assumption that, 'God is above clouds, he is like a manufacturer, manufacturing things and pushing it in to the world is absurd, illogical, is false, is a superstition.

The effect cannot be separate from the cause and therefore the Lord, the God - One without a second, when he created the world, He must have created forms from Himself - the entire universe - names and forms, the mineral world, plants and animals and human- everything we are seeing here are all nothing but Him- He in different forms. Just as in a pottery shop, whatever size and shape and the color the pots be, they – all of them - permeated by clay. In the jeweller's shop, everything there whatever be the shape and the use, they are all nothing but gold in different forms.

Similarly, whatever we are seeing here in smelling, tasting and touching, in this world of plurality, the entire objective world is nothing but that supreme cause in different forms. Carefully, let it sink into you. That cannot be demonstrated. It's a subjective science. Think further!! If thus that lord is permeating everything just as clay pervades all pots ;just as ocean pervades all waves; just as gold pervades all ornaments , He the known , the cause of the universe is right here , in the very world of plurality- very democratic lord , not a tyrant who is sitting there above the clouds , manufacturing and sending us here – but He is with us .He pervades everything , including you. Maybe you are an atheist. But even an atheist who may say that I don't believe in God, he is able to express that because of the grace of God.

This Lord, the God is everything. In unicellular organisms to the highest saint and the prophet and the genius in the science and the art and the literature. Everyone of us is enlivened by his presence. Swamiji, If God is thus all pervading, everywhere, pervading in everything, where is he? What is he? The Rishis smile in their wisdom and congratulate, you are asking this stupid question because stupid people in their ignorance can ask only stupid questions and he says 'Don't get excited, let us apply the 3rd law. I hope you remember the 3rd law. The first law was an effect couldn't be without a cause.

The 2nd law was 'effects are cause itself in different forms'. The 3rd one is 'from the effect if the cause itself is removed, Apply it! What is it that it is pervading all over

plants, animals and human beings? It cannot be your physical body. What is that it is common? The plant is alive, the animal is alive, man is alive. This spark of life is common in all. Is it not? Now, that from which you - when it is removed, you will be rubbed out of this universe. What is it? It can be the nose, it can be the hand, and it can be the leg. Any part of the body is cut still you may survive. What is it that? Swamiji! my heart is crushed by my girl friend, still you survive. My ideas have all been broken, still you survive. What is it that when minused from you, you as an individual entity in this world, is rubbed out- you will be rubbed out, you will be no more? It is life.

Whoever you be, you be Jesus, Mohammad, Buddha, you may be a Kennedy, think, maybe a Rajiv Gandhi, so what? Once the life is gone, dead, Einstein has no more existence. This life gives you existence because of which you are what you are, which enlivens every activity of yours, is it not life? This mysterious, miraculous, mighty power in you makes you do what you are able to do - makes me function. The animals, the birds, plants, the trees, the animals are all functioning, because they are alive. The dead bird will no more chirp. The dead dog cannot bark. The dead swami will no more speak. Then who and what is this mighty power? It is life. And this life in me is alive everywhere. The electricity in this bulb, which is blinking now into me, is the electricity around the world. There is no Chinese electricity different from Russian electricity and American electricity. No! Electricity is everywhere, it expresses through our electrical equipments. Life is one. It expresses in animal kingdom, plant kingdom and human kingdom - everywhere it expresses. With this knowledge now look at this world, through your window. Is it not that the entire parade of happenings that are happening in the world politically, social, economically, scientifically are they not all the play of this mighty lord?

Why should we call him the lord of this universe? Minus him there is no universe. Minus life, this world itself is neither progress, nor science, nor knowledge why? The planet it self is – we call it as dead planet. All that you are seeing is that scintillating life that you are seeing around are all his play, through various equipments no doubt. This one mighty presence, which is expressing through all living beings at all times, they called as the reality or the truth.

We all know that you are live. Anybody living in this place has got a doubt whether he is living or not? Every body knows, how ever congenital an idiot you may be, or a genius you may be, every body knows I am alive. Ask him what is life, he does not know. He will say conditioned by his circumstances – ‘Life is miserable Swamiji!’ - because his business has gone or life is wonderful because you have got some money in the bank and a new wife! Buddhu! You are talking about life - what life has given to you.

What is life? Nobody seems to know it. This one life, which is there, pervading everything, because of which everything is functioning. We know it is with us. But we don't know what it is. We want to search and discover it. There fore in the subjective science philosophy, they say - let us suppose that this mighty presence in you is called life, which is the one life everywhere as “OM”. Then why “OM” you can ask me. Even if I say that is not “OM” but it is “BOM” you can say, you can ask why “BOM” ?. This is

the name that has been taken and universally accepted. “pie”, why is it called “pie” ? It is universally accepted. Hey can’t I change? You can change, but the same manner others will not understand that is all. So when words are given, a name is given. “OM” is that represents, a sound symbol that represents his unknown factor. But I know it is there with me. But I am not able to grasp it, and therefore its called “OM”. The rest I will talk in my next talk.

So then as I said, once they have understood these 3 laws, they applied it to universe. There is a world of things and forms that I am seeing here in this world. Why? The 1st law. There must be a cause for it. I cannot be without a father. Therefore, this universe must have a father. Swamiji this we have heard. From childhood they have been telling - there is God, God created the world and the God is the father of the world. ‘Where is that?’ ‘Who is he?’ ‘What is he?’ - hundred questions arise. The student asks all these questions together in one sentence to the teacher. The teacher smiles and the teacher says ‘Shanthi! Shanti! Shanti! Why? If you get excited, you cannot think. Thinking is a process when mind is at ease.

If you want to know where that God is, the cause of the universe, let us apply the 2nd law .The 2nd law says effects are cause itself in different forms. So the cause, the creator, the lord, is not sitting comfortably enjoying in the heavens and he created us like manufacturer’s manufacturing products and throwing it into the market .He Himself has become the universe. He is the Gold in the ornament, He is the ocean in the wave, and he is the clay in the pot. The lord is the cause of the universe. When you say ‘ everything in the universe is pervaded by him he is in everyone of us’ what do you mean he is in every one of you?

“ Swamiji there is no God in you,” said the mud pot. I saw the mud pot one day in India with a walking stick going along .I said,” hello potty, where are you going?” The potty said,”I am going to Banaras, Kashi”. Why? “To meditate and realize upon clay-the cause of all mud pots. I said “ bhaiya! Sit down. What are you? I am a pot. But how are you a pot? That is because Ram Iyer pot occupies me. I belong to Ram Iyer.aiya!! Rama, Krishna, Govinda pot. I am Mr. Jones’ pot. I am a yellow pot. I am a big pot. I am a small pot .I am a honey pot. My dear man you are talking to me about the color, the possessor of the pot but what are you? I am a pot. What is a pot? Pot is a pot. A container, which contains various things. Think! How far is the clay from the pot? How far is the gold from the ornaments? How far is ocean from the waves? So far can only be you from the cause.

Call Him God or reality or total father of heaven, or Buddha or call Him Allah. What does it matter? The source of the entire universe is essentially present in the universe. Its not that the source, the raw material is there and the God, the Creator is the manufacturer – he manufactured and sent us there; in that case that manufacturer is an incompetent manager. Why? He already knows that the market is flooded and why is he creating again? No intelligent producer will produce it when the market is already flooded with the product. Will he not control the production? Is it not? Just as in the dream you see the world of plurality – all the plurality that you are seeing is only your own mind. Similarly, that higher state of consciousness in different forms – the world of plurality. Swamiji! If there is God in me tell me which is God? Liver, Pancreas or my heart? Which is God?

Let us apply the third law – from the effect the cause is removed, nothing remains. From you, if something is gone, next day morning onwards, you don't exist. Oh! What is that? Oh! That might be my nose; without the nose, you can survive and the plastic surgeon may supply you with a nose. Oh! It must be here! Ah there! Think! But once life is out of you, you are gone with it. Whatever the cause for it, is it not that you are wiped out, whoever you may be - a congenital idiot or a genius? Where is Einstein? Think! All? Once life is gone.

All of you are existing here now and I am sitting and talking to you, only because life is in all of us. That one life which is in the heart of all, is the Lord. Minus Him, the universe minus Him – there is no universe or world at all. No activity – nothing. That mighty reality, God is essentially is everyone of us. Its that spark of life, the light of existence, the lamp of knowledge, the flow and touch of consciousness – that consciousness, life, in you or you cannot produce it in the laboratory as a sample – as an object in a test tube. Here in God now please pass it on so that you may see it. Oh! This is God. It cannot be showed like that.

Each one has to realize it in his depths. It can be realized only inside and not outside and therefore the day we know we are alive... Is there somebody who has got a doubt whether you are alive or not. You know, you are alive. What is life? That I don't know, because we know only expressions of life but there is life. Swamiji, no doubt at all that life which we know, it is there but we don't know what it is, is indicated in the science of philosophy by the symbol 'Om'.

In the mathematics what you don't know you say that let it be 'X'. In Science what you don't know you say that let it be 'Gamma', or Beta, Theta. In philosophy we say let it be 'OM'. So 'OM is that secret, sacred presence, because of it all of us are. What it is we don't know, to discover it is that science of technology in spirituality. How it is done, we will discuss it tomorrow. So as I said because man is intelligent he cannot accept something that he just sees, but he wants to know it. The perception of thing is not sufficient. He wants to enquire it. He wants to grapple that idea which is knowledge. And therefore he starts enquiring, and all the enquiry of the intellect is chain of enquiry on a cause-effect relation. Thus the whole universe must have a cause.

Applying the first law 'effect cannot be without a cause' there is the effect - we are seeing the whole universe around me, it must have a cause - what that cause is we don't know at this moment. That cause of the universe is called "G" "O" "D" in all scriptures of the world. In philosophy it is called reality or the Truth. So God or Reality or Truth as expounded in all scriptures of the world or 'Father in Heaven' or Sri Buddha state of consciousness or Allah or Atman or Brahman, the Self - all these are different names to one and the same state of consciousness. This is present in everyone of us. We are alive at this moment. There is no living human being who is not conscious that he is alive, but when you enquire what is that life all that we can say is only the various expressions of life but we don't know what life is. What is electricity if I ask and you try to explain to me that it is light in the bulb, that heat in the heater, the sound in the radio, if you say the same all manifestations of expressions of electricity. Electricity is something other than all these. In the same way, life is not my movement, my physical efficiency or my mental glory or beauty or my intellectual accomplishment. These are all the expressions of life. What is life? We know it is with us but we don't know what it is. It is the theme of all the

investigation, our enquiry. When thus there is this factor which we know is there but we don't know at this moment, in order to help us to consistently search for it, we generally assume that – let that unknown thing be 'x' in arithmetics, gamma or beta or theta in science. By assuming that sound it is only a representation. In itself it is nothing. It is the unknown. Similarly in philosophy, in the subjective science, they say this spark of existence in you, this spring of consciousness in us, this touch of life in all the living beings, let us call it as 'Om'- is a sound symbol. What is that 'Om' is what we are searching. Now when you don't know what you are suffering from, the doctor starts observing the symptoms - symptomatic treatment because we don't know what is the spring of that disease, in the same way when I can't directly know this truth with all my faculties that are available to me at this moment, I start study of it in terms of its expressions.

Life in me expresses or life in the whole world expresses through 3 equipments of life, we are deliberately using the word equipment because you are familiar with the electrical equipment, contravencies through which when the electricity passes we feel its manifestations - work done - and that is called an equipment, there are 3 equipment: equipment has no plural so you do not say 3 equipments though to make others understand I used to do it but it is against grammar - just as deer has no plural. You don't say deers but all that you say is a team of deer, a host of deer not deers no plural - similarly, we have no plural for equipment. The 3 'equipments' because there is no plural and because if I don't use it you feel funny - are the body, the mind and the intellect. *Shareera-mana-buddhi* are the *upadhis* through which life expresses in this whole world. In the mineral world it has got a body only a shape a form. In the plant kingdom when the stone or the soil has become a little more evolved - in the plant - the plant has got a form-the body, and the beginnings of the mind. It is able to respond to sunlight, and water vapour — nothing more. Latest discovery now that they respond to a certain kind of music stringed instrument. I have no objection, let them think. The beginnings of the mind when that plant kingdom evolves to be an animal it has got a form - body, and a fully developed mind, and the animals function as ordered by the instincts and impulses of the mind.

It is only inhuman beings, we have got not only the body, not only a form and shape, but a fully developed mind of the animals plus a subtle instrument of discriminative, thinking capacity to rationalize and think properly, creatively. This ability is called the intellect - we have - all of us have got all the animal instincts and impulses. To come into a, to jump into a conclusion and act on it - everyone of us do it when we said that I got so angry, I don't remember anything and such an individual behaves like any other animal barking and biting and fighting. Think! But an intelligent even though he also has got all the animal instincts and impulses he starts criticizing, critically viewing his own impulse, rising and starts judging 'Is it right?' 'Is it wrong?' 'Will it bring happiness to me?' 'Will it bring unhappiness to others?' and when I find that a certain instinct and impulse that comes to me is creating sorrow to others, I give it a deflection, I give it a new direction and make it more creative. This ability the animal has not got. Only the human beings have got.

So, to act permissive, what ever I felt I did it that is not freedom, that is licentiousness. Freedom is the freedom in me to say no to myself of the things that I understand to be wrong. Think! This ability of discriminative thinking that you have got and that is why man is progressing. Animals are still in that very same state. At the time of Adam and Eve if the bees have built the beehive so beautifully made, even an ordinary architect cannot create such a beautiful structured cell as the beehive and yet even today the same blueprint. They have not changed. They have not put a drawing room in front - a cantilever, a what you call that - a porch so that in front so that during rainy season they can come under the porch, dry up and then go in. They never thought of a cantilever. They made whatever that was there at that time the nature made them do it. Even today under the impulse of nature, no freedom at all. Even their sex life is ordered by nature. A certain season where the birds and the animals feel the sex urge. Freedom is not there, but with the intellect developed, the sophisticated creature called man, he has got all the freedom, he can use his own discrimination to do or to commit or to omit. He has got the freedom to do or not to do or to do it otherwise - all these abilities are in you and therefore the progress, the material, scientific progress. So the body with the sense organs, the mind with its emotions, instincts and impulses and the intellect with this rational thinking capacity.

Now the body, the mind and the intellect are made up of matter. Calcium, carbon, phosphorous, grosser matter - the gross body. Subtle matter is the mind and the intellect. Matter is whether gross or subtle is inert insentient. You and I are dynamic and conscious. Where do we get it; the parts of a car are all inert matter and it moves. What makes the car move; what makes the bulb glow - there must be something other than the bulb expressing through the bulb. Think! In the same way what is it enlivening me and a time comes when I have no capacity; my efficiency gone, my beauty of emotions are gone, my brilliance of intellect gone. Even Einstein stops thinking. The body is there lying down but he has no faculties, abilities, capacities, why? Life is no more expressing through you, careful. Thus my friends, there must be something other than matter, the BMI - to enliven the BMI. That is why in your bible is said 'God is in the heart of all - enlivening every thing, vitalizing everything, lending their faculties to them by His grace'. Just as the bulb has got light with the grace of electricity, the heater has got heat with the grace of electricity, you and I are today functioning as we are, due to the grace of something other than matter. Since it is something other than matter it is called the spirit. It is the spiritual center or the spark of existence or consciousness which is one in everyone just as electricity is one. The bulbs are different, the radios are different, the computers are different, equipment are different but the electricity is one; cars are different, Japanese cars or American cars or European cars but petrol, the gas is one and the same.

Life is one - plant, animal and human enlivens everyone according to the equipment available and that one reality is indicated by the sound symbol 'OM'. So the consciousness or OM when expressing through the sense organs - the eyes, ears, nose, tongue, skin of your body, crystallizes a sense of conscious individuality - 'I' - the perceiver, perceiving with the eyes, ears, nose, tongue, skin what? The sense objects I'm seeing, I'm hearing, I'm smelling, I'm tasting. 'How do you see?' 'Swamiji! So simple!'

With the eyes I see. Eyes cannot see. If eyes could by itself, everyone of us could have got only one eye because we would have kept one eye in the office, to have an eye on the office and very many of you not in the office but you keep it at home to have an eye upon my people at home. Aiyya! A eye if I remove and keep it on the table the eyes cannot see. The eye balls – yes and today in the modern world it is not very difficult for you to understand, as in good old days because we are doing transplants. So I die but my eyes are young and they can take my eyes and give it to a born blind man. He starts seeing through my dead eyes ah ah ah.! So it is not the eyes that are seeing, it is the consciousness behind the eyes - become conscious of what the eyes are seeing, then I say, I see, I hear, I smell, I taste but all of them, I mean, I'm conscious of what I'm seeing, I'm conscious of what I'm hearing, I'm conscious of the taste, I'm conscious of the smell. The consciousness behind enlivens and then I become Mr Perceiver, the Seer, or the Hearer, the Smeller, the Taster or the Toucher. Similarly, consciousness functioning through the mind becomes the conscious psychological – Me, the feeler - I feeling with the mind, the various emotions, love, hatredness, jealousy, greed, passion - oop endless varieties. The same consciousness functioning through the intellect expresses as the conscious thinker 'I' and the thinker 'I' with my intellect thinks the world of thoughts.

Thus, the world of objects, the field of emotions and realms of thought are the fields from which we gather the experiences with the sense organs - the body, the mind and intellect. So BMI are the equipment of my experiences. OET represents the fields of my experiences and 'I' the experiencer, the individualized conscious ego is PFT. It is not that I'm seeing with my eyes, then you become a perceiver but the moment you understand that 'I'm' seeing through my eyes you become independent. Is it not? Though, when you are standing in your drawing room you are seeing the moonrise now the question is who is seeing the moonrise? Simple Swamiji- the window is seeing the moonrise. Why? If there is no window, will you see the moon ah so the window is seeing the moonrise OR are you seeing the moon through the window? So are you not you who is in you who is using these equipments to experience the outer world. Thus I the consciousness in the eyes become the seer, in the ear become the hearer, in the nose the smeller, in the tongue the taster, in the skin the toucher, in the mind the feeler, in the intellect the thinker. Alas! In unholy combination you have forgotten who you are and unholy combination identified with the body, mind and intellect you say that I'm the perceiver, the feeler, the thinker and it is this PFT who wants private interview for the sorrows of his life. Think!

So then - then the PFT is the individualized ego the '*jeeva*', the sufferer, the enjoyer of the world. The BMI are the instruments of experiences. OET is the total field of experiences. Nobody in the world has got any equipment other than the three. Nobody rich or poor, healthy or unhealthy, developed nation or not developed nation or under developed nation or never developing nation. No body has any other field from which to gather their experiences. The world of objects, emotions and thoughts are the only world from which they can harvest their experiences, collect their experiences. All through life, from birth to death every moment you are having experience. The experiencer is you. Therefore we go to another man and say that I'm experiencing unhappiness, identified with happy, unhappy emotions. I don't understand what you are talking swamiji or I'm smart in misunderstanding swamiji. That is your intellect. I'm healthy or unhealthy, I

have no home, I have no wife - at the physical level. Thus the physical, the psychological and the intellectual personality in you all put together is called Mr Ego, the hero of your autobiography. Think. If you write, your autobiography who is the hero? 'I'. Who is this I ah ah!' Swamiji, I', analyse it, this experiencer.

Now, having thus discovered it when the teachers looked out through the windows these great Rishis having understood the mechanism, thus when they looked out they found that every PFT all through their life, in every experience is trying to discover a total happiness, complete satisfaction, total contentment from OET through BMI. This is your autobiography. Everyone, irrespective of whether you are a congenital idiot or a great genius, spiritual or materialistic, have or have-nots, every individual, not only man, unconsciously, the plant kingdom, the animal kingdom also is searching and seeking for its own happiness, and what he wants is permanent happiness. Though thus the individualized ego is demanding a permanent happiness it doesn't know where it lies and all that is available is only the OET and therefore each individual strives to hug as much of OET and therefore each possible in order to get permanent happiness but they forget that it is never permanent because all these are conditioned by the time. Nothing is permanent. Einstein discovered it in the 20th century that time and space are the quantum in which alone the plurality can exist and function. This is the latest western discovery. In the vedic period our masters have said that this is all time bound '*kala bhandhin*' and time is constantly changing and therefore everything that is conditioned and floating in time must also keep on changing. Is not your body constantly changing? Nobody need be a philosopher to know it. None of you were born from the mother's womb in this size that you are now. You have been growing, childhood, youth, middle age, oldage.... it goes on. Is not your mind changing? Things you loved 5 years ago today you hate as poison. Things you hated 3 years ago today you feel a kind of tenderness and love. Don't people divorce 5 years ago and re marry that same woman, after 5 years, ah your mind changes, your faith, your belief, your ideas, your ideologies. Is not the intellect changing? I'm not talking about those who are educating themselves and studying. Even if you don't study, is not the hammering of the world outside make you change your values. So the body, the mind and the intellect are changing. The world outside - are they not changing. Are not the objects constantly changing in their arrangement? Are not the emotions you receive from others constantly changing? Don't you generally say that so and so and me - we were such friends I tell you swamiji, it is one soul in 2 bodies, we were together like brothers - ah! today he hates me. Hmm.... Last 4 years, we lived like brothers and today he hates me It is his fault that he discovered you, only 4 years - it took for him to discover that you don't deserve him. That we never think of it! The change, the emotion you receive. At one place you get applauses and at another place discouragement or what you call that ah ah criticism. Three women who are working here they felt very bad that I'm against all women in my talks. Think! Krishna in discussing the that 4 types of human being he is a rascal, he should not have said that. What does it matter. This is all human frailty. You have to only smile, not feel unhappy about it, or angry about it. That is how you understand. These discourses, the dog was constantly lying down and listening, what has he understood? He has not even the intelligence to misunderstand and those three girls or ladies are trying to go away from the ashram. It is better they go. They are wasting their time here. This is not meant for blind faith. It is a highly intellectual field

for thinking. Ah. So why I saying was the emotions change, the intellectual concepts change. I was a communist, now a capitalist, because I found there is a lot of money in drugs - became capitalist. Is it not changing people, changing capitalist? Are not they becoming communist and socialist. In politics, in philosophy I had no faith at all now I have discovered faith. Is it not? Even some of the greatest saints in the world were atheists - before but they changed their attitude because their intellect changed. Thus my friend, all the BMI are constantly changing. OET is constantly changing. In between these two changing factors you stupidly came to believe that a certain condition can be created in my mind that permanently, peaceful, serene. Nothing will happen to me. When I got some money in my bank, Think! Everybody! So then, the great Rishis said 'I can understand the animals and the mineral world, the plant kingdom feeling that way, you man! who has got the capacity to think, why don't you analyse and understand that these nothing is permanent in this realm of time, everything is changing.' Play with the change. Just as in the dance hall you enjoy the dance why? It is constant movement. Dance is not standing - you know dance is moving. So she steps on you and you step on her and enjoy. But nobody will fall down because each is hanging on to the other. Similarly hang on to the world outside. Get crushed, never mind and enjoy it. In a sport, in a game don't you think you are exhausted – panting – you are getting and yet you say that aha! I enjoyed it, really beautiful game ! what a game! ah ah ah! You physically suffer but mentally you will enjoy it why? It is a sport, it is a game. I want it. In the same way enter the world, live through the joys and sorrows of life but consider it as a sport. Why? You are not expecting anything permanent here. I knew that nothing is permanent here. My husband is not permanent, my wife is not permanent, my children are not permanent; my business is not permanent. Nothing is permanent but when it is there, I play. When it is not there I play. Just because I'm losing in there - a sports man who has never continued the sports. Think! So when I lose I say that beautiful stroke ah nice and in case I win better luck next time. Today you are not in your mood. I know you will always beat me down but better luck next time. This is called sportsmanship. So sometimes I win sometimes I loose. Why are you worried unless you are 'loose' somewhere else. Play the game till the end. Think. So, you - there's a great Rishi said 'Why is it that people, man, suffering until because of his ignorance he refuses to make use of his intellectual capacity to analyse? He is very good in analyzing the outer world. Science he progresses but when he turns upon himself he feels unhappy. Incapacity to analyse. He never turns his attention. "*vimoodaah naanupashyanti*" "*visheshena moodah*". Supreme idiots! Never understand this great truth. Geeta says supreme idiots -not that you are incapable of wisdom. But you refuse to think. What you can do. You are so preoccupied with the world of objects. I mean seeking permanent happiness amidst impermanent things, so fully engaged that your own attention cannot be turned within. Ah ah! When that they have understood in they realize that so long I'm identified with the body, mind and intellect. I'm in that realm of time - change. So if I want a changeless state of bliss and happiness I must go beyond change. Beyond change means beyond time.

Oh I see to go beyond BMI you realize the timeless, the permanent, the eternal, the immutable, the blissful. Ah ah ok swamiji. This Sunday, now today I have got the office, this weekend I'm going to meditate and go beyond the BMI and realize it and Monday onwards I will tell you all about BMI. This weekend I'm visiting Brahman and you

enthusiastically declare to the family that 'Look! tomorrow is Sunday. See that the children go out and play and you also keep quiet. Don't break saucers and plates and make noises here. Not even the bathroom flush should be worked. I'm going to meditate. So the poor wife thinks that it is a new trick and early morning onwards children have started asking you 'Appa when are you meditating?' Think. 'Not now after breakfast or else the breakfast idea will disturb me. You take breakfast.' Everybody gives breakfast and everybody has a strange look on their eyes looking at you that you are going to meditate now. I don't know what is meditation? We don't know but and you enter. Children have been sent to the neighbour's house. There they may suffer. You are alright and when you are entering the room - so you told wife 'make less noise'. She doesn't want to sit down because she does not want cushion to make a noise. You go into the room and lock the room. What are you going to do? Go beyond the BMI - in pure meditation you sit down and you have heard the great mantra is 'Hari Om' and you have started chanting in your mind 'Hariom, hariom, hariom' then the body said 'aah! it is too hot'. So immediately I said 'ok'. I got up - the seat is not alright - so put a cushion there and in the cushion you sat down and again 'Hariom, hariom, hariom, hariom' then your skin told you I think it is too hot and you said yes it is hot. You got up - put on the fan, a ceiling fan and you sat down - 'Hariom, hariom' - suddenly your skin said it is too fast. So you got up and slowed it down - sat down - 'Hariom, hariom, hariom' - then it is the vertebral column is saying that if there is a cushion behind it will be nice. So you get up and get a cushion to support your back. Again you sit down 'Hariom, hariom - now you are a slave to all demands - that is the point.

So long you are a slave you will not be allowed to go out why? Because the BMI can no longer persecute you, you are trying to become master of them. They are now today masters in you. They don't want to give up their chairs. 'Hariom, hariom, hariom' I think there is a coffee decoction in the kitchen and that woman is so careless that she will throw it away in the washbasin. One cup of hot coffee and then meditate - ah! How nice it will be! You get up. You open the door and the lady is worried now. What is coming out? It must be God himself coming out. No, nothing - and you make directly to the kitchen. She can't sit there so she comes behind - sevabhav! 'What do you want honey - I will give you'. 'No no - I just - I don't want anything but I thought that if there is decoction there, then don't throw it away, now that the prices are very high.' A cup of coffee and you go inside. Do you think you can meditate? The more you try to meditate, the more the mind will persecute. At this moment even though I'm allowed to say that this body, mind and intellect are mine -honestly speaking, I belong to them. I am an utter slave. The local constitution may give you all the freedom. It is the freedom of the slaves. None of us is free; all of us are utter silent slaves, hapless slaves, miserable slaves to our own physical, mental and intellectual persecution. Think. If once the mind has to turn-----we have you cannot. It is not possible for us to stand apart - we are whipped by the BMI. Think.

I am a diabetic. I am not allowed to eat sweets which I love and people invite for *bhiksha* and in India *bhiksha* means a feast and in the feast in India unless there are 3 or 4 types of sweets it is not a feast. They invite me - every body is in taking their own food, buffet and then there is a swami - on a special table everything is kept there because we don't

know what the swami would need, so everything is kept there. As I am going nearer the table I see 3 beautiful enchanting sweets, home made sweets. Aiyya! My body says 'Swamy - PFT there are beautiful sweets, this is the time these people don't know. They have presented to you, eat! This is the chance', says the body - now it says 'ok we will do it. Let us finish the other part of the food, then the sweets in the last so that this will linger in your mind'. Only gujarathis can take sweets in between to remind them there is sweet in the world. We want to take it in the last so that we can linger it and you start taking things and everybody is trying to put something in your plate and therefore your attention must be there or else you will be drowned in food. So when you are there at that time and after finishing the last item when you come you'll look at that beautiful sacred place on your left where the sweets were. All of them disappeared. Why? Even though the host does not know that I should not take sweets the useless ones that come with me, they are called the devotees - they to save the swami - they take it away. Supposing they are there and the body says come on now at least - my mind says don't don't don't.... and the intellect repeats to me... which all the doctors specially solved, the world has again and again repeated to me the most beautiful disease that a man can get because there will be no pain at all but slowly slowly it destroys all your organs one by one and thereafter a time would come when liver is not working, and if liver is not working the kidneys fail, when the kidneys fail the pancreas will go, the pancreas has any way gone.... And then slowly slowly the kidneys fail therefore the liquid water in you is not going and then it will flood into your own lungs. And until at last you'll die in your own juice. No pain but you just die.

All this they have told me: all this the intellect has understood and remembered, and so the intellect says don't do it, the mind says 'please please' and the body says , 'come on come on'!. Think! Now if I satisfy thus the body demand and eat it let us say, I ate half of it. That day I have to live the day. I can't run away from my mind and intellect - they are constantly with me. During the day let us say I was so busy that lets us say I did not have time to listen to my mind - okay...but I have to go to bed. The moment my head hits the pillow the mind says 'why did you do it'? And the intellect repeats what that doctors said, 'Your liver is trembling, your kidney is stopping. Your eyesight is going, you will lose your will never be able to hear. You will be a vegetable. All that because you ate'. Now that the sugar has come, gone up in your blood, both of them kick me and I cant run, If any body else is criticizing you can do something, this is no remedy because it is your own mind and intellect telling and these two start persecuting.

Supposing I did not eat, mind congratulates me: the intellect is so happy. But my body? 'Aren't you ashamed swami, are you not a swami? what is wrong if you eat? 'You will die?' Stupid ! What an Avidya you have got - ignorance you have got. Don't you know that since you are born you have to die, why don't you die sweetly?' What is wrong, you should have eaten - should have eaten. So I don't eat - body criticizes, if I eat the mind and intellect together as a combination. Anyway I get the whip, Isn't it? Think!

What can I do? This ... I am giving one example...you know all. That girl, that drink, that party - anything - that house, that property - the mind wants it, the body wants it or the intellect wants it and the other two say no.... The minds wants it Aiyao ...! That

beautiful house - No. The intellect says 'No'. It is very costly 'no' and the physical body says the present house is quite all right. The mind 'you are always like this, you will never do anything that I want Mmmm...'. 'You are unsympathetic, you are no human being, you have no imagination if I got that house ... This house - what are you going to get even if you sell it? but that house after 3 years That's a beautiful place and a beautiful house therefore the prices will go up and so we can put the whole money a million dollar in the bank all because my advise you followed - let us purchase the house ...'

Is it not? Thus persecuted by the B.M.I and the tantalizing engaging, beautiful enchanting objects of the outer world....The poor fellow as an individual has no peace of mind, buffeted by these two. The poor individual goes up and down searching for a permanent happiness. Thus when the great Acharyas found that, they gave the prescription - 'Go beyond the BMI and reach the goal, the destination, the acme of evolution, the God-state, the all-blissful, all-perfect. Then he found that the people are not able to. Naturally, therefore, then the trouble started - I mean the enquiry started - 'What gives the BMI such might and power that they can persecute me?' They belong to me but I have no control over them at this moment.

When a vehicle - these are my vehicle for me to express in this world outside. When the vehicle is not under your control, it is better not to drive it. A motorcycle or a car, even if it, for a single split moment, goes out of your control - it is called skidding. You know the tragedy. You will wake up in the nearest hospital alongwith the half a dozen others. They cursing you - because they all fell in the accident because you skidded. Is it not? Skidding is a place when a vehicle is not under your control. The vehicle by itself had decided to go to the left and then changed the mind to the right. This is called skidding. One skid, half a dozen other persons - other cars are also involved. You break a few bones.

In this world, at this moment, is it not that everyone of us, every moment skidding? None of us have any control over the equipments - so I skid on you; you skid on him and he skids on me and all of us skid on to another and then you say that - in *sansar*, in the world of plurality, there is no peace. So you organize a UNO to bring peace - world peace. The more they struggle to bring world peace, the world becomes pieces. Why? It remains in yourself - your self discipline - your ability to control your own equipments. Therefore when they found that it is so powerful, they started enquiring - 'Where are they getting their power to persecute me?' As a result of that investigation, they discovered this factor which is represented by the letter 'V' and it is called the vasanas. There is no corresponding English word form because in modern psychology, they have not gone into these depths. They are only in the surface - only the conscious mind - the sub-conscious mind and recently they have accepted the unconscious mind. All these three are springing forth from the very bottom, the depth, the psychological level and that is what is called as vasanas.

Vasanas are inclinations that are left in you due to your past thoughts and actions. They are the habits leftover; channels of thinking into which all your thoughts at any given moment is ready to flood out - the direction that we give the desire and the purpose of

your thinking personality. The vasanas determine the contours of your physical, intellectual and emotional personality. These are the tendencies gathered by each one of us as we come along the avenue of time in our march of evolution. Instead of thinking in terms of evolution, which is rather difficult for a student suddenly to remember or to think; think of this life only. You and I are at this moment are products of our past. In the past, during this life, whatever we have thought of and acted today, we are channelised to repeat - it is called the habit. The smoker cannot live without smoking; the drunkard cannot live without drinking; the coffee-lover cannot live without coffee - Why? These are all habits that have been formed. At the right time, all your thoughts run in that direction; you cannot but search and discover and satisfy. Think!

These are called tendencies. Tendencies describe or determine our present personalities and field of consciousness. These are unmanifest. Manifest is that which can be perceived with the body; felt by the mind; thought of by the intellect. These are all manifest but this (Om) is unmanifest. Just as unmanifest flowers in the flowering bush in winter or in deep summer, the flowers are not there. But when the springtime comes, all the unmanifested flowers bloom forth. Similarly, there are silent tendencies in each one of us which manifest through us and that is called our personality - our history - our life. Now when the unmanifested flower in the flowering pot or the flowering plant, when they manifest, the flower doesn't come out all of a sudden and the flower opens only in television. In actual life, you can't see. The flower opens so slow - so slow. The flower emerges from the unmanifest to the manifested bloom in various stages of expression. First it becomes a bud and then the bud slowly opens in the top and then slowly in another 2, 3 days time, it opens apart. Think! In the same way the unmanifest in each one of us manifests into the world outside in different stages. The tendency in you first expresses at the intellectual level as a desire. All of us have got desire. Don't you say that 'No Swamiji, I have no desires.' If you have no desires, lie down there; we will attend to your funeral as soon as this talk is over. Only in the funeral ground or the burial ground, you can say that there is no desires in the dead body. So long as you have a manifestation, there will be desires. Why? Because you are manifested because of the vasanas. The vasanas have to express, the desires will be in all of us.

If 3 or 4 friends have come to your house and you are a very loving and hospitable host - they came and sat down and the talk started and that time - my wife comes into the room. That is the fashion nowadays. 'What will you have -all of you, what will you have?' Because this is the 5 star hotel culture. In a five star hotel, the bearer has to come and say - 'Yes Sir, what will you have?' In our house also - have become five star hotels. 'What will you have?' So then, the five of you shamelessly say 'Can I have some fruit juice - can I have some coffee - oh! No no - I don't like, can I have tea, Coke? Different different things. The Hindu woman is so smart. He he he! A ten million dollar smile and she just goes and disappears. You start your discussion - international politics which you don't know nothing - economics and finance, you know still less. You go on discussing, making noise that's all. At that time she comes with a tray; another five million dollar smile and go to each individual and each individual is given a million dollar smile and the fellow looks at her and takes a glass. Everybody takes. What? No house has got all these - fruit juice, then tea - then coffee and then somebody else wants a coke - somebody,

there's nothing - there is coke and orange juice, let us say, so then the orange juice - 4, 5 glasses and 2,3 glasses of coke and then you are not allowed to look at the glasses because smiling so beautifully. Everybody takes it because by that time they have forgotten what their desire was. They take..... before they finish, she comes with a tray - everybody 'not yet over'(She takes away). Because these are the glasses that have to be filled again to give to the next set of guests expected again. Think!

Desires are many. That is why the endless variety you find in the bazaars - in the supermarkets and all. It is not one item, so many items of many different types - why? Each individual's desire is different - to cater to all of them. Why is it that the desires are so vast? Because the tendencies are different. When the desire rises in the intellect, the subtlest of your personality, it slowly becomes - comes to a little grosser state in the mind and the desire of your intellect when it expresses at the mental level, it expresses as mental agitation - '*vikshep*'. Isn't it? Everybody says - 'Swamiji - no peace - my mind is always mmm..... ' Everybody's mind. Instead of complaining that my mind is agitated, why don't you keep quiet and watch what is the agitation about. You will find, at any given moment, your agitation is only expressions of the most powerful desires that you are entertaining. You want to purchase a car. Your agitation will be only 'car car car car...' which car - what car - where car - why car - how car? car car car. Car agitation. If your desire is for coffee, 'coffee coffee coffee, coffee...'. Your mind is not available for anything else. You may try to read something - you can't read - coffee coffee coffee. You hear the smell of coffee - you hear the sound of cup and saucers. See - not the book you're reading but the coffee with fumes apart and the fragrance in the nose - under the cloth - You've to get up from there to get the coffee whenever it is available - by fair or foul means and once the coffee has come - the mind is available for any work. Very often you get a cup of coffee - keep it there and start your work. As you are so immersed in the work because the mind is available. You forget that there is coffee. Haven't you seen that after one or one and half hour you see the dead coffee sitting there and have you not drunk that. Isn't it? After all I paid for it! Your stomach becomes a garbage can - pour it there!

Cigarette - as you are working in the typewriter, you keep cigarette - keep it in the ashtray and go on typing - you're typing becomes continuous and until at last the whole cigarette has become one piece of ash. Haven't you done it? It is not that the system wants coffee, its not that the body wants cigarette but that desire created the agitation - the agitation is satisfied because I lighted the cigarette - then the mind is available for my work: then once I enter into work then the joy of work I say and then until the next time the desire comes - cigarette! cigarette! - oh! Yes, Where's the cigarette?! The whole thing is burning. You light another one and keep it there. Same tragedy happens very often.

That is to say the vasana expresses at intellectual level as desire, the desire in the mind intellect when it expresses itself in the mental level it becomes agitation; Agitation of the mind manifests at the body level and are called your action. Think!

Now the vasana for breakfast, the desire has already started after another 20 minutes or 10 minutes, you will start feeling what is this the swamiji is not breaking at all, you can't listen to me. The mind only says breakfast, breakfast, breakfast and when I leave you here, do you go? Directly! Every action is like that, every action THINK! You go towards it. That is the full expression of the vasanas. So if your vasanas are good your actions must be good. Why? The desires will be noble - your thoughts naturally are gracious and the actions are saintly. Why? Your tendencies are good. If the tendencies are bad, vulgar desires - criminal thoughts murderous activities. So when you, a man when you judge another man, say that he said - 'sit down' - 'he is a dirty fellow', please please - you don't know the mental make. Have sympathy, he is a product of his past. That's why Jesus so lovingly said hate not the sinner hate the sin. The sinner like a patient is helpless, but hate the disease, hate that sin the wrong tendency in him - we cannot but express it. THINK!

It is not only in the quality but quantity of the vasana determines the quality of your personality, but also the quantity of vasana that you have brought with you. You are born with vasanas - into vasanas - we discussed it in the Gita in the 17th chapter - 18th chapter. The quantity may be more. So if the quantity of the vasanas - each vasana has to come as a desire and therefore a platoon of desires one after another erupting and each desire must have agitations. So your mind is in a storm all the times. Can't even sleep without some yellow and blue pills Why? - to sleep. I can't sleep, can't sleep. Why can't you sleep? My mind is very dynamic, meaning what? Too much of agitation - why - too much of desires. And such an individual, each of those agitations to satisfy you have to undertake such projects or the other. It is such people who work for 18 hours a day 7 days of the week; running round the world and doing work and work and work and people admire him - that this fellow came with 5 dollars to the country and today he has got 20 million and he has got business here there and is now going to open up in Indonesia and by 35 or 40 we hear he is dead! Why? His body could not stand that strain thrombosis - died. And every body appreciate what a dynamic man so creative man ha ha, he made so much and no body to look after him - everything has gone collapse he himself - buried. Why is it that he is working like that? You can't stop him! Because of vasanas.

Thus vasanas express, as desires become, agitations become actions. These actions are prompted by desires whipped up by the agitations. When the vasanas are less, less desires, therefore! less agitations therefore! less desire prompted actions; activities need not be less, because your hands and legs have got the same length, it is not that the hands have gone into the stomach why because no desires therefore...hands got it - No! So you can work but in less selfish activities - minimum vasanas, minimum desires, minimum agitations, minimum selfishness. The rest is all selfish work.

Supposing you have no vasanas, no desires therefore no agitations therefore not a single selfish act. Is it not such an individual whom we adore worship, revere as a saint, a sage, a prophet? Did Christ function to gain; did Buddha work in order to build a palace for himself Think! Then? They want nothing; expect nothing; demand nothing because they have no desire and yet they are functioning in the world outside expressing their infinite love for the world - Think! We adore and respect and revere him as a God-man upon the earth. This is not -because all - the average man knows all the philosophy - instinctively -

he sees a divine aura about him. When the 400 million people of India know him as a Mahatma Gandhi. It is not that he declared, tried to publicize that he is divine. The people started calling him, because they saw something divine, something adorable. Think! And it is true, because when there are no vasanas – there are no desires - no agitation. Agitation, desires are always regarding the world wide when there no desires no agitations the mind and intellect activities ended.

There where the mind's activities ended and I who thought myself to be the, perceiver, feeler, thinker comes to awake, release from the entanglements of the mind, comes to awake to realize the timelessness - the Eternal - the Immute. In order thus I may go there beyond, into my spiritual nature - my true nature that which stands between me and that perfection is my own vasanas. If vasanas are more, more expression, vasanas are less no more expression, you awake from this plane of consciousness of thinking into a new dimension. Therefore the enquiry was 'what exactly or how exactly can we wipe out the vasanas?, how soon and how effectively can we eliminate the vasanas?'

So till now what I thought is the pure science- only giving you the theories of these great masters but - Is it practical – how can I make it practical - useful to mankind which means - the technology, the pure science and the subjective science is called philosophy the applied science is called religion all over the world - yoga in India. What is the yoga or the religion, what are the technique by which I can eliminate the unnecessary vasana pressure in me and bring my mind to quietude and contemplation and evaporate it or disseminate it and release myself from the entanglements of mind and intellect and awake to the higher state of consciousness? That we will take after your extrovertedness – vasana.

Theoretically, we have proved - there must a life or some mysterious presence - divine and transcendental call it whatever. I am not merely a bundle of flesh, bones and plaque. There must be something in it that lights it up. This you have understood. How does that function through me?

I understood the mechanism of light but the point is how am I to realise - come in contact with the structure of the bulb by design.. And I know that the bulb by itself has no light therefore there is something other than the bulb - is behind the bulb that expresses through the bulb whenever light comes out. Now I want to know what is this electricity. What do I do – I have to remove the bulb and then contact the light behind the bulb - search for what is that with my finger and then, we cant explain what it is, then you shall get.

In the same way - intellectually you have understood that these are the equipments .Yes! And their function Yes! They themselves cannot function because they are matter – True! There must be something other than it is expressing through it. Now what is that? Without removing these I will not be able to understand that which lies behind it - now - How am I to remove them, I find that they are also powerful - only because of the vasanas. Therefore the vasanas must be removed. Less the vasanas less the desire agitations therefore very little extrovertedness and therefore mind is relatively quiet and a

quiet mind is a seat of contemplation and when you are steady in contemplation – it happens - when the bulb is removed and the finger is inserted it shall happen.

What shall happen? . You shall have direct experience, for what? Of that which is behind the bulb or you can think. So then the saboteur in my bosom because of which I am not able to recognize my own dear real Self but I misunderstand myself to be the PFT - the limited entity and all my suffering and imperfections and agitations and sorrows are due these limitations on me. How am I to then reduce the vasanas?

It is here that, what modern scientists call a breakthrough we had in the subjective science. Just as in the objective science where you often hear, we had a breakthrough in a problem or we are expecting a break-through in this problem, the breakthrough is a word often used by the modern scientist. This is the phenomenon not only in present times but also in the good old ancient times. The Rishis indicated this phenomenon as ‘Revelation’. I did not know it but it was revealed to me because I was anxious to know it. Modern scientists in their arrogant ego and vanity, intellectual vanity will not accept revelation with the phenomenal goings-on.

That is the problem in science and they have all tried their level best. All that has been under them. And they are not able to explain how? Why? That particular – phenomenon – let us say. There is a question in the mind Why? Howl, HOW? And the scientists’ intellectual mind has nothing to talk because all possibilities they have examined and found that they are all false. So the mind and intellect is relatively silent. But the question is still there.

At that time, generally on the seat, in the early morning, in the toilet, because that is the place –you’re just in that mood - I am not joking, or may be in his office in the laboratory, he is playing with that fire. All possibilities that are suggested to himself in his mind, 4 or 5 possibilities all have been proved to that, if that they are all wrong investigation they all reach only Him. Blind alleys.

Yet the question in the mind is HOW HOW and it is such quiet moment and the mind is utterly quiet or alert and the question is maintained, it is at that time that they get, what the modern world call a break through all the earlier masters said a Revelation. Both the words Revelation and break through indicate that it is not your effort, you never knew it, it descended into you and the modern man would say ‘it struck me. Struck me like a stone, now a stone cannot strike you from your belief. It must be from outside - meaning - I am not responsible, it struck me.

But at the same time modern man doesn’t want to accept that there is a greater intelligence than his, which can reveal to you answers to your problems - they don’t want to accept so then they call it ‘breakthrough’. According to your temperament you may accept it as – the Rishis had a breakthrough in the subjective science. Or you can say - if you got belief, - have faith in the greater intelligence, that they had ‘Revelation’.

That when one individual comes into the world outside without orienting themselves with ego and selfish desires the existing vasanas get exhausted, no new vasanas are created. This is theory that has been declared in the Vedanta. But the Vedanta has not been formed there to explain why and how. Just as in breakthrough they can only give the solution to the problem but - how did you arrive at it – they have not given because they did not arrive at it. It arrived at them. Because they have not arrived at it, they do not know the way. It's a Break Through. So they said without the ego and egocentric desires if you can act in the world outside the existing vasanas get exhausted. It purifies you.

Now the Question is – ‘Can we act without ego and ego centric desires?’ Is it not in all actions I must have the consciousness that ‘I’ and that ‘I’ want something - without these two how can I act? When these two are not there I am in deep sleep - all under total chloroform, no action can spring forth from it. Then how am I to lift myself from the ego and the selfish desires and act in the world outside? Any intelligent man round the world at any period of time would say it is impossible - this is not a practical philosophy - it is a utopian dream - it is a solution or a treatment which is more painful than the disease, because if treatment is more painful than the disease, it is better to have the disease than the treatment.

It is not so, The Rishis said, all of you are right when you deny this path; you are right - our sympathies are with you, why? In 99 cases it is true that nobody can act in the world outside without ego and egocentric desires except one exception. In that condition alone, man voluntarily acts without ego and ego centric desires - at the altar of love, you and I act without ego and ego-centric desire. I love my mother; I am serving her – she's sick not that I may get some money from her or that she has written the will and therefore I am serving her. No!

Only serving her is itself a great joy and fulfillment, not serving her would have given me agonizing pain a sense of guilt so I am working for the sheer joy of doing. The father who loves the child, he may go about the tonsure that are poured on his pocket but he would be sending him money for the education of the child. WHY? Love. Thus loving Lord alone and acting in the world outside is the method by which the existing vasanas can exhaust. That's why in all scriptures, service of the mankind and communities and the society as a dedication unto Him or as worship of Him, dedicating the work to Lord in the world outside. In Geeta, it is said that ‘thus worshiping Me with your karmas, work in the world outside is the noblest of all worship. Such an individual who does it, he is serving me the best’.

Now, even though all us have got B M I, every one us - no exception, yet we are different from each other because some of us are body oriented - some of us are mind or emotion oriented and some few of us highly intellectual type -rationally oriented. Mankind falls under these 3 types. The 4th type - I am not explaining the 4th type. The fourth type is neither physical or mental nor intellectual. They are personalities below par. We are talking normal healthy human beings. Therefore under these 3 categories the body, physically oriented, emotionally oriented and intellectually oriented. Naturally therefore all the 3 categories of people cannot be prescribed one and the same method/

technique. Just as one child of yours is interested in Engineering, another in medicine - a third in music, you cant say 'No' all of you learn music, all of you learn engineering, Aiiyo!!, It will never happen so this wonderful idea of the western religion, semantic religion is not true. One Way - One God - One Scripture – its wonderful to hear, good to - socially blatant and militant but from the spiritual side, it is detrimental and suicidal. Each individual must be given his freedom to bloom by himself. It is only because all of us are not similarly oriented personalities. To those who are physically oriented who can never sit quietly, it is a surprising thing that you are all sitting quietly. Man finds it most difficult to sit quietly and you will have notebooks. If you look you will know which will tell you can never sit quietly, what all cartoons you have done on the margin, Think! You are not an artist, it does not mean that you weren't attending it, you were attending it –but your hands were going on cartooning, even in international conferences they supply you with paper and pencil not to take down notes - but see...What Kennedy was drawing at the time when the meeting, the cabinet meeting was going on deciding upon the fighting, start the war with PIG - See that picture in New York, go there and see it is there in the exhibition in New York. The backside of a young girl, he was drawing at that time. Not that his mind was there, his mind was in the problem that they were discussing, but his natural vasanas are coming out. You understand – it is natural.

And if you don't give a paper and a pencil, people will scratch the table and spoil the polish. To repolish the same is very costly, so to save it, in every board meeting they will supply free paper and pencil. So the hands cannot keep quiet, have you seen the school desks, the bathroom walls- have you seen, it is natural, it is nothing immoral about it. Majority of us are body oriented. To them, since they cannot keep quiet, therefore the path of action - the path of work is prescribed. 'Do your duties according to the quality of Brahmana, Kshatriya, Vysya, Sudra the prescribed duties, do it without ego and egocentric desires and worship me with fulfilling the duties'. That would be your path. By thus analyzing ego and selfish desires when you are acting in the world outside the existing vasanas can be exhausted. Or if you are emotional, with devotion move towards him in love, And since you are in love, all your actions are dedicated to him. Just as you love your family and therefore all your efforts in your offices or marketplaces are meant for me and my family- it becomes natural. The Intellectual man, rational, never do karma yoga, will never really get into devotion because he will have million questions to ask- he is not emotional. So if you ask him to pray – 'Why should I?', 'Who is god?' 'Is He not all pervading, 'If he is all-pervading, is He not in my home, if He is in my home, is he not in my bedroom if he is all pervading he must therefore be under the blanket also then why should I get up from the blanket and go to a church or a mosque or a temple is there more concentrations upon there less concentration here?' Hundred questions he'll ask, you and I don't know what to answer, therefore we say – You are Atheist. It is not; he is a greatest Theist. He may not revere but he is seeking not in your method, because his instrument is intellectual, he is rationally questioning you. For what? To understand. Very often we misunderstand and such people - condemn them as Atheist. They are not! They are seeking by contradicting you, so that some logical reasoning may come from you so that they can satisfy their intellect's quest.

Third is the path of contemplation, study of scriptures and contemplation of the higher. By this thus Karma – Bhakti – Gnana - the path of service, the path of devotion and the path of intellectual contemplation. By these three paths - Not that the three paths will take you there. No! the three paths will take you there the 3 paths will reduce the vasanas, therefore the vasana pressure upon M and I is reduced.

M and I 's wandering into the world OET is curtailed. The Mind, Intellect and Thoughts in it become quiet, alert, vigilant. Quiet, alert, vigilant thoughts have a tendency to enter into contemplative mood. The lesser the vasanas the greater the contemplative mood and by that process you awake into the higher state. All these 3 paths have been discussed exhaustively in the Bhagwat Geeta.

The 2nd 3rd and 4th and 5th chapters expounded the path of karma. The sixth seventh eight and ninth expounded the path of the intellect. Chapter 12 devotion, 13th onwards upto 18th the path of contemplation or meditation. The Gnyana yoga. All of them may be an indication. Therefore the Bhagawad Geeta it has been declared in the proform at the end of every chapter. ' *Iti Srimad Bhagawad Geetasu*'. Thus in the Bhagwad Gita, Upanishads - It is the science of reality, ' *yogashastra*', it is not only the science of reality but also the technology of yoga of how to reach therein such and such an ' I' title and this discourse , the 3 rd discourse or the 4 th discourse is now concluded. This forms the conclusion. At the end of every discourse there is this. Every where it is repeatedly said that in this Geeta which is at once a yoga shastra as well as an Upanishad, Brahma vidya, the science of reality and the yoga the technology of how to reach Him, this discourse has been given. It is making use of this chart of the BMI, PFT, OET. Once you have grasped this you have got an entrance ticket into the halls of wisdom of the Bhagwad Geeta temple of understanding. If you have not got a ticket you are gate crashing into it, at one point or the other you will be caught and chucked out - you will jump out of the Bhagwad Geeta because of the confusion that create in your mind. Once this charge is in your mind, every thing, every line that has been said in the Bhagwad Geeta can be pinned onto this knowledge and everything becomes clear. Krishna, very faithfully follows this chart, I cannot say chart - these ideas.