



# CHINMAYA MISSION

**Watch Poojya Gurudev Swami Chinmayananda  
on AASTHA INTERNATIONAL**

on Bhagavad Gita Chapter VI & Chapter III

**Beginning Nov. 1<sup>st</sup> (Monday to Friday)**

India Time - 07:30 pm to 07:50 pm

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**Swami Chinmayananda**

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on Introduction to Upanishads, Summary of Kathopanishad,  
Kenopanishad & Ishavasya Upanishad

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**Swami Tejomayananda**